



SPA FACT SHEET

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NEWPORT BEACH IS SPA THERAPY FOR THE SOUL

The salty sea air wafting on balmy breezes. The calming scent of eucalyptus. The smell of rich and soothing oils. Forget about chicken soup - Newport Beach is spa therapy for the soul. In this beautiful southern California coastal retreat where the senses are consistently soothed, relaxation and rejuvenation have been raised to an art form by eight resort, hotel and day spas:

❖ **Amadeus Spa**

Fairmont Newport Beach

4500 Macarthur Blvd./ (949) 718-9588/ www.fairmont.com/newportbeach

The newly opened Amadeus Spa at the Fairmont Newport Beach provides a safe haven for guests where they can experience soothing and rejuvenating services in a relaxing & elegant atmosphere. The spa features skin and beauty products from Aveda and mind-easing treatments such as Neck Nirvana, Back to Bliss and Aveda Rosemary Mint Awakening Wrap. More than 8,000 square feet of space creates an absolute sanctuary of luxury within the Fairmont Newport Beach.

❖ **Gaylee Signature Spa**

Hyatt Regency Newport Beach

1107 Jamboree Rd./ (949) 729-6077/ www.newportbeach.hyatt.com

Personalized treatments in serene surroundings enhance your sense of well being, and therapeutic skin care products containing healing ingredients such as raspberry and neroli liquid gold help to restore your skin to its natural beauty. Services include the Gaylee Signature Facial, Collagen Nourishing Facial, hot stone therapy massage, body treatments, reflexology, and custom make-up applications.

❖ **Pure Blu Spa**

Newport Beach Marriott Hotel & Spa

900 Newport Center Drive./ (949) 720-7900/ www.newportstay.com

With its blond wood, stone-tiled floors and seafoam-green carpet, the Pure Blu Spa inspires an immediate sense of relaxation. Euphoria-inducing services at the 14,000 square-foot Pure Blue Spa and salon include Pure Blue Rain, an invigorating Vichy shower followed by a relaxing massage; the Extreme Sports Massage; the signature Pure Blu 02 Oxygen facial; or a lavender and slat scrub. Enjoy your treatment to the fullest by booking it at a poolside cabana.

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❖ **The Spa**

The Balboa Bay Club & Resort

1221 West Coast Hwy./ (949) 630-4772/ www.balboabayclub.com

The Spa at the Balboa Bay Club & Resort welcomes Club Members and Resort Guests to relax in this sanctuary of health and relaxation. The 10,000 square foot Spa features 9 treatment rooms, a eucalyptus steam room, dry sauna, hot whirlpool and a relaxation lounge with a cozy fireplace. With over 25 treatments, an hour, or a day, can be tailored to the needs of the each guest. Popular treatments include: The Peppermint Delight- a 25 minute Tri-Crystal body glow and 25 minute Swedish massage with Glycolic Peppermint lotion, and the Sea Stone Massage- using heated stones to massage the body in long rhythmic strokes to loosen muscles and relieve tension.

❖ **The Spa**

The Island Hotel Newport Beach

690 Newport Center Dr./ (949) 760-4992/ www.theislandhotel.com

Enter a tranquil sanctuary at the 4,000 square-foot Spa at the Island Hotel Newport Beach. In one of its nine treatment rooms, you can undergo more than 30 different types of massages, body treatments, facials, manicures and pedicures, including the Newport Beach Body Buff or the OC Facial Drench. Put together a custom package of treatments tailored to your desires. Locker rooms for men and women feature showers, vanity area and steam room. In the beautifully appointed relaxation room, wrap yourself in a cashmere-soft throw, put your feet up on an ottoman, and enjoy complimentary tea and chocolate-covered strawberries.

❖ **Spa Gregories**

200 Newport Coast Dr./ (949) 464-6110/ www.spagregories.com

At this luxurious day spa, enter one of the 14 treatment rooms for a detoxifying seaweed wrap, an exfoliating papaya-pineapple scrub, an organic enzyme peel, or yoga-like stretching massage. Treat your hands and feet to a good soaking, buffing and polishing in the manicure/pedicure area or visit the hydrotherapy room for a Milk and Honey bath. Begin or end your visit with time in the steam room or the soothing quiet room.

❖ **Spa Pacifica**

Marriott Newport Coast Villas

23000 Newport Coast Dr./ (949) 464-6110/ www.marriott.com

Overlooking the beautiful Newport Coast, Spa Pacifica at the Marriott Newport Coast Villas provides a serene and calming escape for their guests. Treatments such as the Spirulina Body Wrap help to kick start a healthy new regimen providing the body with rich vitamins, minerals and proteins that will transform the body back to its healthiest state.

❖ **The Spa**

The Resort at Pelican Hill TM (opening November 26, 2008)

22800 Pelican Hill Road South/ (949) 467-6800/ www.pelicanhill.com

Guests who visit the spa at The Resort at Pelican Hill TM will embark on a voyage into a cocooned, sophisticated world where every sense is awakened – and where every moment is one of extraordinary pampering and rejuvenation. So much more than a place to enjoy a good massage, the spa will help restore health and balance through the ultimate personalized care.

For more information on spas/wellness in Newport Beach, visit our website at www.visitnewportbeach.com or call (800) 94-COAST.

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